

Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Health Resources LifeCare Center, Fergus Falls

Contact: Trisha Grove, Grant Manager

Phone and Email: 218.736.6050 trisha@hrcff.org

Goal: Education (Earn While You Learn), Prenatal Care Program, Fertility Care, Prenatal Vitamins & Ultrasound Services

For the period/quarter: Quarter 6, October 1, 2017 through December 31, 2017

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Recruit and train new volunteers Support current volunteers Train TFL educators on updated/expanded program/materials Oversees prenatal vitamin program Establish and make relationships stronger with community agencies – making them aware of our prenatal vitamin program Keep Nurse Manager CPR certificate up to date and offer infant CPR to clients.		Health Resources currently has 4 consistent, active volunteers. HRC recruits volunteers regularly through advertising on social media page, talking to area churches and sending our mailings with volunteer opportunities. Educators are routinely trained on programs and materials as they pertain to the clients. The Nurse Manager and Nurse Educator oversee the prenatal vitamin program. CPR has been offered to clients this quarter and relationships with the community have been made stronger by updating and dispersing brochures on services. A staff and volunteer gathering occurred this quarter to build camaraderie and shared vision for Health Resources Center.	

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Outreach	Purchase promotional material, advertising, educational material Expand EDUCATION Program (English & Spanish) Establish and make relationships stronger with community agencies Promote Ultrasound Programs and Advertise ultrasound services Partner with other community programs to increase the number of ultrasounds		Promotional materials have been updated and purchased. Health Resources is continually looking for materials that are presented in English and Spanish. Plans are in place to update current website. The current Director spoke at the local Work Force Center. At our annual fundraising event the Ultrasound program and prenatal vitamin program were highlighted. Health Resources Ferugs Falls and Detroit Lakes met together to discuss the PA program and all staff met to discuss expansion and strengthening of all programs.	
Car Seat Program	Enroll Client in EWYL program Educate clients on car seat safety Provide car seat safety/education when car seat is distributed to client	1	1 client received car seat education and a car seat was distributed to them. This occurred at the local Sherriff's Office.	1
Crib Distribution/ Sleep Safety Education	Enroll Client in Education program Provide Sleep Safety Education when crib is distributed to client Coordinate with Cradle of Hope to provide Pack N Plays to clients after fulfilling requirements for each program.	12/yr	2 clients received a Pack N Play and instruction on Safe Sleep through the Cradle of Hope program.	2
Interpreter Services	Provide translation for clients	9/yr	No clients have asked for translator services during this quarter. Translator services have been utilized for clients who do not fall under the PA Guidelines and therefore cannot be counted in the report. Translator services have increased from a few hours per week to 16 hours per week.	0

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Life Coaching Education Program	Assist clients in accessing needed services Meet with clients: Enroll clients in EWYL program Meet individually with clients to complete lessons on Life Skills Education and related assignments Assess client needs	15	This quarter, 4 clients chose Life Coaching. The client went over a coaching tools and spent time with the Life Coach discussing the use of these tools in their life.	4
Material Support	Assist clients in accessing necessary material resources to assist them in pregnancy and necessary materials to care for baby after birth.	30	68 items were purchased from the store this quarter. This does not include pre-paid cards for Holiday, Target and Walmart and totaled 20.	88
Nutrition	Offer each pregnant/nursing clients a voucher for prenatal vitamins	25	20 scripts were filled for prenatal vitamins. This is for a 45 day supply. 26 clients were offered prenatal vitamins.	26
Parenting Education	Assist clients in accessing needed services Meet with clients: Enroll clients in EWYL program Meet individually with clients to complete lessons on healthy parenting Assess client needs	60/yr	35 lessons were provided this quarter. Examples of these lesson are but not limited to: Breastfeeding, Developmental Milestones, SIDS, Emergency First Aid-Illness.	35
Pregnancy Education	Assist clients in accessing needed services Meet with clients: Enroll clients in EWYL program Meet individually with clients to complete lessons on healthy parenting	25	28 Lessons were provided to clients who were pregnant these lessons included but were not limited to: Childbirth Prep, Post partum Depression, 3 rd Trimester and Getting Ready for Baby.	28

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	<p>Assess client needs</p> <p>Enroll clients in CMFCS program.</p> <p>Train clients (women and/or couples) in the practices and procedures of CMFCS.</p> <p>Evaluate and diagnose any underlying reproductive problems.</p> <p>Provide real solutions to real problems such as infertility, PMS, ovarian cysts, repetitive miscarriage, postpartum depression, hormonal abnormalities, chronic discharges and other problems.</p>	10/yr	<p>Staff have met with 2 clients for a total of 4 followups. 1 client had a baby this quarter and the other is 4 months pregnant. Women are educated about healthy pregnancies, post-partum return to fertility and other post-partum well-being.</p>	4
Provide Necessary Services to all clients	<p>Provide intake assessment to determine need.</p> <p>Provide women with information on, referral to and assistance with securing pregnancy support services.</p> <p>Utilize resource database to provide information and make referrals</p>		<p>All clients upon initial intake are provided an assessment to determine need. Women are provided information on and referrals to pregnancy support services such as WIC, routine prenatal care and Nurse Family Partnership.</p>	
Transportation	<p>Enroll clients in EWYL program</p> <p>Offer each actively enrolled EWYL clients transportation to EWYL classes (Bus/Taxi/Gas)</p>	8/yr.	<p>4 clients were given Holiday gas cards to assist them in attending education classes.</p>	4

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Ultrasound	Perform limited diagnostic scans on clients in the first trimester of pregnancy Educate clients on fetal development, nutrition & smoking/chemical abuse	50/yr	23 ultrasounds were performed. Clients were educated on fetal development, nutrition & smoking/chemical abuse in utero.	23

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	1
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	0
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	1
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	1
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	2
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	0

Challenges:

Comments: